

Wednesday Night Questions and Answer Sessions with Terry Brown and Wynn Free

These are transcriptions of a series of conference call sessions, which Wynn has hosted since 2008. Terry channels a group entity being who identifies itself as Ra-An and Wynn asks questions which participants on the line have submitted and Terry never has any prior knowledge of the questions. She works as a legal secretary in Los Angeles and often the channelings are conducted over the telephone from the McDonald's parking lot across the street from her office while Wynn asks the questions from Arizona.

Ra-An explains itself to be a group energy composed of the parts of the Elohim Group and the Ra Group. These group souls claim to have the ability to radiate love light energy into this realm. There have been many amazing phenomena experienced by people who listen in on these calls which you can access on Wednesday evenings at 6pm PST at 712-432-1600 pin 128506#. (It's possible this number might change.

Please check www.conference.messageaday.net and for any updates.)

You can download the book Questions and Answers with the Elohim at www.elohimganda.com to read the entire story of how the experience of the connection with the Elohim began for Wynn.

Julv. Augaust. September. October 2009 (not complete)



Wynn Free is the principal author of the book – The Reincarnation of Edgar Cayce and the founder of Message a Day – www.messageaday.net



Terry Brown is a long time friend of Wynn's who began channeling a voice which identified itself as the Elohim during the period that Wynn was authoring The Reincarnation of Edgar Cayce? (www.caycesbackx.com)

Channeled Sessions with Source Ra'An

through channel Terry Brown

with questioner Wynn Free

The transcripts have been edited lightly for clarity, but adhere fairly closely to the syntax of the original recording. These recordings will be soon available on the archives section of www.messageaday.net.

It should be noted that there is no particular meaning according to date or line of questions on a particular call. At some point, it would be good to group all questions of similar topic together, but this is the best we can do at the present.

Gratitude for the following assistance:

Transcriptions: Suzan Hayes

Editing: Suzan Coco, Sue Downey, Aharon ben Or, Hope Pickard

Introduction by Wynn:

Channeling is a rather mysterious phenomenon in this realm. For many years, I was very uninterested in channeled material other than that of Edgar Cayce and later I was influenced by Neal Donald Walsch who wrote Conversations with God.

With a somewhat scientific background as a Physics Major at UC Berkeley, being a grounding rod for a group soul that is claiming to have created this realm is the last thing I could imagine myself doing. I am the world's best skeptic and have tried to talk myself out of the possibility that this was real and they are who they say they are.

But during the past 7 years, I have watched them predict a newspaper headline in advance, save my sisters life, espouse a huge amount of wisdom, and explain how this realm works from their point of view. I have watched a lot of people who were paying attention to my materials, go through a lifting of their spirits and have a deeper connection to these Guys who talk to me.

The sessions you're about to read have always been totally spontaneous. Having known Terry for some 30 years, I can testify that she couldn't possibly be making this up.

Some of you may notice an energy pervade your space as you read these sessions. "They" say that as we study them, they study us. Their energy is imbedded in their words, so if you feel an unusual aura around you, consider the possibility it may be "them".

Feel free to share this with others. But please include the copyright notice and a reference to message a day.

I offer this in service. Thank you for giving me the opportunity to share.

Wynn Free

Date: July 8, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: This is July 8th, and this is our Wednesday night conference call with Wynn and Terry. We have a number of people listening who have checked into the call, and I know there is going to be a number of people who listen to the download of the replay line. So we just greet you all; since time is non-linear, it doesn't matter when you listen to this—we are all together in the same moment, no matter when that moment is, because in truth there is no such thing as a moment. It is only part of an illusion so we can experience this realm.

We are going to start this call by bringing in the energy, by calling in the Light.

{Wynn calls in the Light}

Wynn: We have some questions, and I thought that since we brought the energy in, I'll turn it over and just let them do a quick hello to us; this is a voice that is behind the energy that we are bringing into our bodies. Hopefully they are there, verbally.

Ra'An: We greet you in the love-light of the One Infinite Creator. We are exploring our environment here focused from the parking lot of McDonald's in Los Angeles, California, and we experience the smoke from a fire to the west. We experience the sunlight from the sun, which has a different intensity today. It is an intensity that is letting through more X-rays. and we recommend that if you go out into the sun, shade your eyes at this time and do some protection because the sun is giving out more intense radiation at this time.

We greet each and every one of you on this line, and we are happy to be with you and touch energies with each person on the line. We, as always, are available for support, and this is why we wish to continue the Wednesday calls and make such support available to you. We of course are available in a non-verbal manner at all times and can hear your voice whether not spoken or spoken. Your intentions rise up through matter, energy, space, and time and we can sift this out and hear you. Do you have questions today?

Wynn: I have two questions I want to start with. One of them is: it is obviously easier to connect to the energies when we are on this conference call even though we are all in different locations. Could you explain why it's so much easier when we are on the conference call. How does that look to you and why is it more expanded for us?

Ra'An: We are reminded of a situation that occurred a few months back with two individuals who had been on the conference line who were having a communication across

the country from the St. Louis area to the Georgia area. As this communication occurred there was an arc, an unseen arc between the two locations as the frequencies and vibrations lightened up and cleared the space as the two people communicated with joy. So when we all get on the conference call and we connect—the higher the vibration, the more clearing of the space between the individuals. This allows the other people on the line, to be able to participate, and lighten up their load.

We come into this call at the end of the day and many bring with them the vibration from, and the intention of, unsaid communications, frustrations, and opportunities that one has not been able to work his way through. There is an intention to do better on the next day or to help clear this up at some point in the future with others. [There is also the] frustration, a feeling of hopelessness for some, that this won't be cleared up, but this is a point to step out of that frustration and to let it go for the time being.

Just connect in joy, as those frustrations and stuck points are part of the physical realm, and you as a universal being can have joy in participation with the group, of letting all that go and experiencing joy and stepping into joy for the time of the call. This will lift to some degree the tone of many.

Wynn: Thank you. My next question is that we had a few days where a voice came through that identified itself as Michael Jackson. With all the tens of thousands of people that are dying on this planet all the time and all the calls we do, why is it we connected with this voice who identified itself as Michael Jackson?

Ra'An: We connected with Michael Jackson for two reasons. Michael Jackson was looking for a way to express his intense hurt and sadness at being stopped from his tour. We did not wish to share personal things that he would not wish to be shared, but he was looking for a way to express his intense desire to perform the appearances that he was scheduled for—he was training for fifty performances. He found with you and your group, Wynn and Terry, an avenue to express his utter rage that he could not continue and his utter rage that he could not perform, and he wished to make everything ok with his children so they would be proud of him. He wished to perform before the individuals and re-establish his connection with his audiences and make everything ok. He was capable of doing this tour, and the reason he came in to Wynn and Terry was because the tunnel of communication was open, there was a total acceptance of his intense emotion, and he was able to express them; this is something he needed to do, to express them.

He wished to tell his whole audience, everyone that had purchased tickets, everyone that followed him, that he brought them in church with him, and there were no words for his upset or frustration or sadness that he couldn't complete the commitment and couldn't connect with the audience. To apologize wouldn't say it. He just only wishes to fulfill his commitment. That is why he has come into the call. Terry's house was located near where the body was, and he could feel the energy and could begin to express himself and be heard. In other words he was expressing himself, he was putting out this feeling of extreme, extreme hurt and frustration and even rage and it was picked up by Terry and so it became an outlet for him to express himself. Does that answer your question?

Wynn: Yes. He started to write a song with me. Is he going to continue?

Ra'An: (laughing) This song, he was delighted that you wanted to write a song with him,

and he wished to show you how he wrote a song, his song writing techniques. He was on the conference call on Monday night with us, and we devoted one of our answers in the channeling directly to him so that he would know that the gateway to heaven was open for him. If a person walks through the in-between zone and faces the earth plane and does not move into the heaven realm, it is very hard to connect with people as they generally do not hear one when they are speaking and they do not have a body. If one continues as a ghost it is very hard to be heard—although the individual may speak to relatives and friends, generally they cannot be heard and it's very frustrating for that person. We showed the gateway to heaven to Michael to let him know that if he came over to the other side he would again be heard in his spirit communication and he would again have a form that he could interchange with other individuals in the heaven realm and ground himself within the heaven realm.

In answer to your question about writing the song or continuing further with the song, he has outlined the song by tacking down vibrations. The reason we mentioned the Monday night call is because it impressed Michael about the gateway to heaven and he began to express his view how he would write a song, if he wished to write a song about that experience on the Monday night call. He began to tack it down with his voice. The voice of Terry is not capable of making those sounds. Michael was perplexed on how to make sounds through the sound system of Terry, in that Terry's sound system is very untrained and not at all under the kind of control [he had]. Michael has total control over his range and expression. He tacked down, and called it The Ladder to Heaven, but he didn't like that title because that title was already taken from The Stairway To Heaven. He doesn't make it perfect at the start, he just comes up with whatever comes the closest and tacks it down with sounds with his voice.

So the beginning of the song was tacked down with sound or sounds like {a high sound} and then a sound that went very high. Terry has no range to go that high. Then the further part of the song was tacked down, the earth realm, with some lower sounds. Anyway, he outlines the song by bringing in different sounds for different parts of the song and that leaves different parts of the song blank. Then he sets that aside and as things come to him he seeks the vibration of the experience and then he sets it to song and things will come in the blank places. We do not have an answer. This is up to Michael whether he will continue with the song writing. It is up to Michael whether he stays in your realm or comes back to visit sometimes. We do not have an answer for you, it is up to Michael.

Wynn: Ok. We have some questions from people. Thanks for letting me ask that because I felt that this is a very fascinating thing we are having, and I will probably put those channelings up where he was going through writing songs and trying to have Terry make some of the sounds he makes, which didn't sound like Michael Jackson, it sounded like Terry. (Terry laughing)

Terry: This is Terry. I had a very hard time with it and he was very frustrated with my voice. Anyway we are going back to Ra'An now.

Wynn: If you have noticed that when Terry is channeling she is kind of blended so she is right there, it's part of her. It is different than how some people channel, where they lose themselves and they just become totally the Source. Terry, as I have learned to observe this, is actually in the hologram of the Source so she is part of the equation. So sometimes when you hear her talk, it could be a thought from her mind or their mind so it's almost like

one mind.

So here is the first question submitted by someone on the line: *“When I took my last teaching job, with teenagers expelled from school, I got guidance through Terry’s channeling that this job was my divine duty or opportunity, recognizing of course my free will to take or decline the position. That job is ended, my third teaching position in a year and a half. All three jobs have left me feeling that I was in the wrong place at the wrong time, even though my intentions were positive at the beginning of each of these jobs.*

Is there guidance you can give me about the lessons that I might have learned or taught in these most challenging situations? Is there guidance of what I’m to do now?”

This is Wynn. It seems to me that person was going into jobs where it was a kind of a rough area of town and there were difficult students in her class and that she wanted to get through to them and probably felt like she didn’t. That’s me saying this. So could we have an answer on this please?

Ra’An: We greet you. Be gentle with yourself and know that you have undertaken very difficult positions that not many would undertake, and you are coming up against those job situations of resistance to the integration into society of a number of unruly individuals. Do not be disheartened. It is through such experiences that one becomes very experienced and good at doing things. We are reminded of, although it is not the same, of the situation of the person who played chess against chess masters and probably lost every game, and the game was lost [even if] the master took the important pieces off the board. The individual still lost. Then came the situation where the individual was playing against somebody who was very good at playing. (We pause for a moment as the sun moves over the car and sends intense energy at this car. We are in this space and our attention is partly absorbed by this intense sunlight at this time. We continue).

The individual, when paired with a partner that was of good ability but not a master, won every game and had learned such a great deal by working under difficult circumstances. We are also reminded about other situations where the individual moves into very difficult circumstances and obtains experience and then varies this experience and is able to handle other situations where a normal person would not be able to handle them. As far as what you should do now: for one thing, take off on a hiatus and be good to yourself and love yourself. Give yourself something that will delight you and something where your attention can play and you can then refresh yourself. As you do this, keep your mind open for what you might like to do and some easier circumstances—perhaps working with children or groups or people that you could really enjoy, instead of being always on the look-out that someone in your space may go off on you or on the classmates. See a situation and explore, one where you can have some fun and a good relationship with the people you are working with. That is our answer.

Wynn: Ok. Next question. If the person who asked that question wants to ask a further question they can press *6 and I will just leave a moment.

Ok, next question. This is from a friend in Chicago. *How do I raise my vibration to create intentions and manifestations of a constant positive faith? You have helped me raise my vibration. Is it possible to not be susceptible to negative attacks if my intention is only to interact and work with a positive source?*

Ra' An: Thank you for your question. When you as an individual, in your manifestation in your daily life, are able to confront negative situations with authority and without being afraid of them; [when you] just look at them right on, or even view them from the inside of the vibration presented to you, with authority and love that maintains your own self and your own integrity—those negative forces may step down, they leave, they transform into what they really wanted to say, because no one really wants to be negative. It is only through the intense desire for survival, or giving up and lashing out, or other reasons for being negative, that negativity is presented in the first place. Extreme negativity really does not like itself being negative, but in an effort to survive it feels that it must.

So listen to these words again, and see if you can get the feel of presenting yourself without fear or rushing away, unless it is a situation you wish to totally avoid, but then do not track the vibration with your own mind. Also, if vibrations cling on to you and you are unable to dismiss them, then it is possible it is not yours. You may be picking up other people's thoughts, other people's vibrations, consensus reality's vibrations, ancestral vibrations, vibrations found through this genetic line; [try] observing them, just stepping into them and observing them with authority, not giving up your own integrity and love. Just try that, and see if you can experiment with that. You may ask further questions about it. Give that a try, and you can also ask us to help with situations that seem beyond your control.

Wynn: Thank you. Next question: *many ancient traditions have held that when the animating Soul/Spirit has left the human physical body, it is wisest to leave the body intact where possible for 3 days, before disposal of the shell or corpse. Is this accurate, assuming a Bardo period? Is there an ideal number of hours? I would appreciate your overview, as there are obviously times when bodies are disposed of more quickly, to avoid pestilence, morgue limits, in mass graves etc. It is a reality of physicality.* And there is another question, but let us ask that one first.

Ra' An: Thank you. That is a good idea to leave the body alone for a period of time. Three days is probably a good rule of thumb although in some cases more could be warranted. The reason for leaving the body alone is that this allows for two things. It allows for the individual to finally decide that they want to vacate the body and move into the bardo space or the higher realm or explore being out of their body without the connection to their body. Many times people have left their body, and they have a thin thread connecting them to their body; although their body may not register as being alive, then they might at some time go back and try to continue their life in the body—if the body has been disturbed then they lose all chance for further connection. That is our answer to the question.

Wynn: I should add here, *how about the idea of cremation?* That was not the person's question, I don't think, but some people would choose cremation and some would choose to be buried. From a standpoint of your perspective is there a better choice?

Ra' An: We can give you the different scenarios that can happen with cremation and that can happen with non-cremation or just burial. If a person is simply buried, there are a few things that can happen. Once the body is taken care of and they feel that they are not responsible for it anymore, particularly if there was a good funeral, then they may leave the earth plane. Sometimes however, when they are buried, they still are so tied to the body, that they may stay for years around the body which may lead them into the chance of being a ghost. If they are cremated, then they may experience the pain of disconnection as the

body is finally disposed of. Then they do not have the opportunity to go back and inhabit it, and there is less chance of them becoming a walk-around ghost around a graveyard. There are some advantages to cremation in that the person can disconnect in satisfaction that that life is ended, and he can move into his next incarnation or next situation.

Wynn: Thank you. Further question about this same topic. *What impact is there (if any) when for an intended organ or tissue donation following death, transplantation surgery is performed to remove body parts?*

Is this 'gifting' to the living in any way an interference or incompleteness of the transference process, and does any portion of 'individualized' consciousness remain with transplanted tissue?

Ra' An: The individual, particularly if it is a heart or lung transplant, may move into the individual who has received the transplant and then you may have some character changes within that recipient individual. Perhaps before he didn't like beer and suddenly he has a passion for beer. In some cases there may be memories of the other family. There may be patterns of living—patterns of staying up late that the individual recipient may find him/herself fighting or adopting. Depending upon the body part, there is a definite chance that the individual may simply stay with the body part and to then attempt to live again through the individual.

Wynn: *So in general this would be creating an impediment to the spirit moving on to the higher heaven realms?*

Ra' An: In some cases this is an impediment, in other cases it isn't. It depends quite a lot on the individual.

Wynn: Thank you. This is part of the same question: *while living and able to relay our final wishes, we are asked to indicate our wishes regarding immediate transplantation of body parts upon determination of death of the body. More information is useful to enable our conscious and considered personal choice. That is not actually a question but a comment. The person was interested in understanding the benefits of willing body parts or allowing those who are in bad shape to get body parts, and there is a potential side-effect as you said. Is there any further comment on that?*

Ra' An: Yes. If an individual is donating body parts for instance, to choose to be implanted, non-major body parts, then there is less of a tendency of the individual who has donated parts to hang around. If an individual wishes to consider whether he is going to donate or not, as part of this possibility that he is going to stick around and attempt to inhabit the same body as another party, then we would suggest they did not donate parts. It depends too upon the strength of will of the individual, whether he is willing or thinks he is willing after the body has died to simply part and move into the heaven realm so that he could re-establish himself and in some cases... recycle himself back as a reincarnated person on the earth plane.

And so there are difficulties with attempting to inhabit the same body as another individual. If someone thinks that they might get stuck into that situation we recommend that they don't donate unless they could specifically donate small parts, not major parts like heart or lung transplants. Kidney transplants probably would not get one into such a situation, so if one could designate, then that would be helpful. But to attempt to inhabit

the same body as another individual can lead to multiple personalities after more than one incarnation and would be a problem one would want to avoid.

Wynn: *How about an eye transplant for example?*

Ra'An: This probably would not be that disruptive.

Wynn: Thank you. A question that I'm going to add to this is, you were talking about Michael Jackson and talked about the heaven realms. *There have been times I have read that the heaven realms are actually a lower state of in-between in a soul's progress and that there are realms far higher and expansive than the heaven realms. Is there any truth to that? Do I understand it correctly?*

Ra'An: Yes you do. You understand it correctly. There are realms beyond the heaven realms. There are realms upon realms where one may move up to a higher realm and work in mathematics, with the Elohim, work with body models, the focusing mechanism models for species. There are other realms: there are teaching realms where people dress more in white, and one may, as they become more advanced, come and speak with the masters and be trained; there are other realms besides the heaven realms.

Wynn: *In the heaven realms, is that the realm where people would meet the energies of those they have connected with? Are the heaven realms still connected with the energies of earth?*

Ra'An: There are sections of the heaven realm that are connected with the earth realm in that individuals may move over into the heaven realms and experience their friends and relatives who have crossed over and may get together in groups and work in various jobs with people who have crossed over. For other planets, they would have a different heaven realm but the principle would be the same.

Date: August 19, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: Father Mother God, we ask for the presence of the Light to surround and protect each person here and any negativity be taken to higher realms of Light and transmuted for the good of all concerned. We see ourselves in the flow of energy radiating from the center of the galaxy through our bodies and into the center of the Earth. Right now we invoke a group energy. We invite the energies of our sources to join our group energy for a session of answering some questions, and would they like to do an introductory remark?

Ra' An: We greet you in the love-light of the One Infinite Creator. We are pleased to be with you and each and every one of you today. We welcome your questions and peek into your realm and make connection with the individuals on the line. Do you have questions?

Wynn: We have some questions for this evening and the first question submitted by one of listeners is: *ever since I could remember, I have always had a question about why things are the way they are. Perhaps this is why I have had the experiences that I have had. I have been on a quest for truth my entire life. At times I have been more in tune with nature and with the nature of my heart than at other times. I have had the ability to step back from situations and to evaluate them in a way that my own opinion doesn't interfere with my observation. This has passed down from my mother. At times I am better at this than at other times. I have come to realize that we limit ourselves when we define ourselves. I know it is my life path to share my experience of love; I am a student and a teacher of Divine love.*

What I have observed with my connection to Source is that at the core of All That Is there is only unconditional love. This love is not biased in any way. It does not hold an opinion; it doesn't judge, it holds no conditions. This is what our Spirit experiences. The mind has created the physical, from what I believe to be true, and the mind knows only what it has experienced, and it holds these experiences as [memories?] until it has direct connection with Divine Creation.

It is my belief that negative force is the experience of what the mind believes when we have an experience in the physical that is devoid of the experience of love. I have experienced that the love of Source dissolves all negativity. We cannot create a new world with the same mind that created the old one—the question is, what do we have to do to acquire a new way of thinking? What consciousness does the majority have to hold to be free from the belief that there are negative forces? What level of thinking does the majority need to hold to allow for people to experience Divine Love? What level of thinking does the majority have to hold to have the source of love flood the hearts and minds of every individual on this planet so that they each see and feel all their experiences from the eyes and the heart of their Divine Self?

Ra' An: Thank you for your questions. There are levels extending from the third density to the fourth density and on up to the higher densities. When one gets to the tenth density, one has blocked out negativity as there is no question of survival in the tenth density.

Individuals know that they will survive and it is not a question, and as one goes into the eleventh and twelfth densities it becomes even more clear. In the twelfth density, where all is one, it almost becomes humorous that one would question survival. What they are questioning is the survival of the cloak that they have taken on for their travels through the lower densities, and those can be shed as one moves to the higher densities. The cloaks consist of manifestations that have been taken on but are not totally representative of the individual; [these cloaks] point the individual into areas as one goes lower into the densities of greater survival.

So when one is in the third density, one has taken on the cloak of the body, which may not allow the viewpoint that one can survive the body, as one sees that the body eventually will fail and one has taken on the viewpoint of the body. It becomes a survival game, and when one gives up the body, one has to be able to reorient in the higher realms without the cloak of the body that they had taken on and were operating through. They need to learn a different means of navigation as they no longer walk around on their two feet. They may think themselves to a new location; however as one moves up into the higher densities, one drops more and more cloaks. As one drops the cloaks of the matrix that orient him into the crystallization of manifestation, then one moves up higher and becomes pure light. One moves up higher and experiences pure love.

All of these realms can be available at the same time when one has become a master or has become more advanced. Everyone is loved even though they are not a master—they are loved as much or maybe more than the masters because they need more love to get through their cloaks that they misidentify as themselves. They see that their cloaks may fail, but they identify with their cloaks for love and survival. This sheds some light on the question one has asked, although it is at a different level of answer. You have asked about truth, and there are many truths: as something is brought into existence, it is in some way a truth. The fact that it is manifested and crystallized in a realm either at the third density or the fourth density or even a higher density takes into account the models for the existence of the species and for the human. It is a created truth that holds together as long as it is created and does not hold together when the creation is let go of.

The more individuals that are backing up a truth or agreeing on a truth, then the more crystallized and the more certain it is to the point that in the third density there are kinds of truth that might not necessarily be true, but because people act and respond in accordance with it, then it becomes truth. One such truth, for an example, would be that when one becomes sixty-five or seventy-five, they are going over the hill—everybody responds to represent that as a truth. However, if one can get past that and handle certain body problems with some knowledge of how to operate the body as it gets older, one can sidestep that belief and become older and still youthful. So one creates a truth: the more people in consensus reality that go along with it, the more solid this truth is and the more assumed it is as a truth. Does this answer your question to some degree?

Wynn: I think that answers the person's question. It was not my question, and I thank the person. It was a very good question. My battery is not charging on my phone so I am going to ask one more question, which was the subject question, and I'm going to defer all the other questions to next week because if the battery goes out and you do not hear us then you will understand that is why it happened and come next week we will finish.

"I have a question about living in a haunted home. I think this is a fair and appropriate

question. When you live with something like this it can be very disconcerting. My daughter is married and her husband is deployed in Iraq. They had their first baby back in April. She is five months old, Alicia. Every time I come to their apartment here in Columbus, there is paranormal activity. My daughter thinks Alicia can see our visitor. Last night my daughter and I lay in bed asleep for the night, and I awakened suddenly as I felt something touching me through the covers. I have tried to personally bless the apartment and it seems to work for a while. The neighbors have also had this experience. The question is, how do I safely get the entity here to move on? I am not afraid but still feel uncomfortable especially with the baby here. Any help or advice is welcome. Thank you."

Ra' An: Thank you for your question. The entity seen in the building previously lived as owner and now does not understand the transition and is unwilling to make the transition and wishes to continue the life he had there at that time. We can access this entity's matrix, however, it is not at a level that can sense the presence of another, as he is holding into this matrix the surroundings he uses for orientation in his matrix. He does not understand transition or the opportunities open to him, or that he has to let go of all of his possessions except as a memory. He cannot in the physical universe still hold on to them and progress in a satisfactory manner. We are talking somewhat slowly as we are evaluating this. We are attempting to get his attention by bending love-light as he is lonesome. We will work on this as we understand the question and the problems arising from it. This is not a finished answer at this point but this is just an outline of the circumstances.

Wynn: Thank you. I am going to cut it short tonight. My battery is going to go dead. Thank you very much for the answers. The other people who have questions for tonight, we will try our best to get to them next Wednesday.

Date: August 26, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: This is Wednesday, August 26th, and we're doing questions and answers. Questions which have been submitted by you guys, and we have some really interesting questions tonight. We also have some regular questions, I won't say uninteresting, that people go through in their challenges of life in these times that seem to be catalyzing lots of people. Ok, so let's start out and do a quick meditation. I'm going to make my meditations quicker when there's a lot of regulars because you guys are already tuned in and we can get to the questions faster.

{Wynn leads the meditation }

We now open to a greeting from our source through Terry.

Ra' An: We greet you in the love light of the One Infinite Creator. It is our pleasure to be with you this evening as the time zones are different for different individuals on this line. However, the energies are the same in connecting though with differences in the time zones; in the evening dark grid energy magnetic shifts and we negotiate these shifts and come in contact in the vicinity of each and every individual on this line and give our thanks for your presence. Do you have questions?

Wynn: Yes we do. *My first question is from Laurie, and she's asking the question in regards to a dream message she had which she believes she received recently from Ra. She said this has only happened once that she is consciously aware of. I am wondering if this really was a dream message from Ra and if it was, what can she do to become a better receptor/transmitter?*

Ra' An: Yes. Give us a minute. This was not entirely a message from Ra. This was a message manifested from your subconscious, which was triggered by your interaction with Ra. The dream has some validity from math, from pictures, so that you may connect with your dream. There is some validity to give a grounding to the dream. It is a cryptic dream. Give us a minute. There is a grounding, a mass, an access, in your grounding to your physical location and to another in the dream. It is a connection with the form in the dream. One cannot take this literally. It is grounding you and connecting you through showing you a form to connections with other forms in your life, as if a practice of connections; then you can connect with other forms and get the practice of connecting with drawing. If you would like to share anything more about this or ask further questions you are welcome.

Wynn: Ok. This is a question from a young man named Basil. He says, ***"Hello, I want a new job, can you help me? I am a twenty-one year old male. Thank you."***

Ra' An: Thank you. We are feeling the energies. You will be offered another job. Keep your sensory projections out for the energy that resonates with your energy. Keep your focus on the new job. How much money do you want to make? How many people would you like in your vicinity to work with? How would you like to connect? Do you want to use a computer with your job or do you wish to communicate with a cell phone? Keep your

energies out and move through some areas of interest to you for gatherings with others that you may project your desire for. If you ask us, this helps, but if you ask the individuals you know, you put out feelers for jobs in various areas of interest. Put your field out and ask the individuals that are trusted dear friends if they have any connections to someone that needs someone who could start in the area of interest to you. But then work by meeting individuals in the area of your interest, in other words place yourself in an environment where you meet individuals who can offer you advancement and synchronistic connections as they see you and connect with you and share your enthusiasm. Let us know how this is going.

Wynn: Thank you. We have a rather long series of questions from Vandy. There are interesting questions. ***Is it possible for a person to die, cross over to the other side, then reincarnate but not in the body of a baby through the birth process? Say, to make an agreement with another entity on earth, to take over their body at another age such as a twenty-year old, if that entity is done with that experience in their body and wants to cross over?*** This is my comment: I've heard people use the word walk-ins to describe that kind of situation. You could share how that works. Now the first entity would simply enter into the body and finish that incarnation as someone else. There's more questions but let's ask that one first.

Ra'An: Yes, there are walk-ins walking on the earth. They're able to complete this process the more advanced the individual is. For instance, when Tibet was taken over by the Chinese and many of the monks were killed, then they worked out an exchange with other bodies that were already existing and moved into those bodies. There is a possibility of taking over a body, which is ill and then healing it, where the individual that has been operating that body wishes to give up that body and leave. There are situations where individuals are getting ready to leave and they do create an atmosphere for a walk-in to take over a body and to heal it. Sometimes when a person is in the hospital and has a near-death experience, they leave the body and they don't wish to come back and another individual can then come in and take over the body. There is enough memory within the body for the body to operate and to have, in most cases, consistent memory of some of the past or a lot of the past of the individual who the body was with. In other words, it is the body's memory and the individual then as they move into the new body can copy and access the individual's memory.

There are other circumstances where there is danger in doing this, in that one may end up sharing a body and they begin to have a multiple personality—so the more advanced one is, they can accomplish the process more cleanly. There is danger in doing this process from a number of points: one is taking over a body that is ill and then taking over some of the karma from that body where the individual then has to experience the trauma from the other individual. Another danger is where one moves into a sphere where an individual is on drugs, and therefore is giving up control of the body and makes it easier to take over the body, but the [incoming spirit] ends up with some dangerous drug habits and may end up with a slew of attached problems and difficulties that one hadn't planned on and then think it was one's own. So those are our comments on that.

Wynn: ***If someone's spirit does take over a body of someone else, would there be a pre-disposition of service-to-other spirits doing this, or could it be mixed? And in what cases percentage-wise is it be positive or negative?***

Ra'An: It is a totally individual thing based on each experience, and it is possible that one, in many cases—more than fifty percent—could end up with some pretty different orientations that can be difficult to handle as it did not originate with the individual to begin with.

Wynn: Ok. *Can a service-to-self entity take over a body without the permission of the host, say if that person is on drugs or alcohol or if they are depressed and want to die. Does that leave an opening for a take-over?*

Ra'An: It does. It leaves an opening for a take-over and one can then begin to have problems if one begins to be possessed by another who is willful in feeding pictures and scenarios that an individual might not want. Drugs and alcohol provide openings for possession and then difficulties compound themselves. There is a reason an individual is doing drugs and alcohol in that they wish to escape some scenario that are difficult to escape. There are other avenues of obsessions to escape such scenarios. One might be 'shop till you drop,' the attempt to move into an area of joy. There are areas one can prop oneself up with, and there is nothing wrong with that unless it becomes an obsession that gets one into trouble money-wise, or they might end up owning too many things. These obsessions to get away from something difficult in life then can leave an opening for the individual to be swayed off their path by either a real-life person or an entity that is hanging out in the bar trying to find somebody to possess.

Wynn: *So in that kind of situation, somebody is in a bar drinking, they can end up with an attachment as a result?*

Ra'An: Yes, they can take home more than they bargained for.

Wynn: *Then it's hard to get rid of that attachment?*

Ra'An: Yes

Wynn: I see. Ok. This is my question here. Are these attachments former human entities or could they be other beings from other realms like Greys or whatever that would want to experience a body?

Ra'An: They could be Greys but more likely they would be humans who have stayed in the between-area and wish to experience drugs or sex or some darker aspect and may hang out in areas where people expose themselves to alcohol or drunkenness or drugs and then seize the opportunity to begin to move in.

Wynn: She asks some interesting questions here. *Is it possible for an entity to inseminate a woman, or say to use a man's sperm and then supply an egg from another entity to crossbreed on earth, so that a mixed baby would arrive half ET and half human? If a woman was past menopause could they implant a baby in her womb by using their egg and the sperm from her husband? I know this sounds like sci-fi.*

Ra'An: Some sci-fi is more real than one would think. There are techniques for implanting the egg, but it is more likely to implant the sperm and to then start a hybrid body to grow. An egg can also be implanted in an effort to grow hybrid Greys that can be more survivable in the Earth plane.

Wynn: Thank you. *I wonder what miracles can take place now that we are entering a*

dimensional shift and if ET's are intentionally using Earth lives to integrate as star-seeds children that act as normal people. Is this taking place now?

Ra' An: Yes it is. It is taking place. It usually runs in families where the daughter may experience this as the mother previously experienced this and the grandmother previously experienced it. There is a tracking along genetic lines as some individuals are prime targets for this to go on. If they have successfully created a hybrid in the family line genetically in the past, they will tend to use the same family line to incorporate their sperm with the individual woman to create a hybrid. They later may take the baby from the womb, and in their underground labs may nurture that baby and bring it to a sufficient age to survive as a hybrid.

Wynn: Thank you. Do we have any questions from those onboard listening? I know there is a fellow named Terry who was going to call in. Terry are you there?

Terry: Hello. Yes this is Terry. ***I recently developed an environmentally beneficial product for the world and am looking for different suitors for this new invention and recently have had an interest that we've approached in the last day or so. I would like to know if this company would be the one who will bring it to fruition or benefiting what we are trying to do?***

Ra' An: Thank you. You can do this with us as we do this. It is a very grounding beautiful energy in your product. Now, since the energy of the individuals at the company, hence the energy of the products that the company already puts out... Your product feels very advanced, it may be more advanced than the other things the company is doing, and it may be more advanced than the individuals in the company would connect to. Though they might not know it works, they see results and wish to explore ways that they can use the product and promote the product. Your job at this time would be to orient those people to the use of your product and to give them some experience with it, particularly through looking at these individuals involved. Some of these individuals have different senses of commitment. You can explore educating these individuals, however we recommend that as you keep looking energetically to other people who will recognize the value and the worth of your product that can then, with the education they already have, be able to recognize what your product can do. and to promote it or can connect with you in a very close way towards the advancement and promotion and sale of your product. That is what we see when we look at that area.

Wynn: I will open it up once more for a question. We have time for one more question.

Lou: I have a question, it's Lou. ***Greetings. I am aware that in roughly two weeks time we are coming up to the triple date 9/9/9 or the September 9th, 2009. Is there anything that you would have us know about how to celebrate or intend or hold the energies of this day in order to raise frequency?***

Ra' An: Thank you. Give us a minute. We look to this date in September and it has a certain orientation, a family and home and grounding energy. We think of family celebrations, getting together with the relatives and having potato salad and different dishes that individuals like to cook—being friendly with the family members and friends. This would be a good way to celebrate that date, to get together with people that you very

much like and take a moment together to give thanks for the gifts that one has attracted into their presence, the good connections, the good family and the good feelings that one can generate when people with high affinity with each other get together. Those are the comments.

Wynn: Ok, thank you. That will be our last question for tonight and I thank everybody for being here and I will see some of you Sunday for the grid healing, and just remember on these answers to use your own discernment and take what resonates and if it doesn't, then just let it go. God bless you and see you all and see you soon. Thank you all for being here.

Date: September 9, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Ra' An: We greet you in the light of the One Infinite Creator. We are pleased to be with each and every one of you on the line and we see the concerns you have for your family, your friends, and the students and individuals whom you teach. Many of you are teachers and wish to learn and to share and to make the world better. We applaud you in this and stand ready to help you if you but ask. We are mindful of your questions. Wynn, would you like to ask the first question?

Wynn: The first question is—*should I share the more sophisticated understanding of the shift with my nine year old son?*

Ra' An: Thank you. We are looking at your son. He is beautiful, inquisitive, and a little bit perplexed.

Wynn: I'm not sure if it's a son; I think it is, but I can't remember now. A nine year old is what I wrote down.

Ra' An: Thank you. We suggest that you get to know your son, that you talk with him and get him to share his views and see where his interests lie. Do not try to bring him to an understanding in an area that is uncomfortable. Find areas where he is comfortable. It may be in talking about a sports event or a play in a sports game. Take an interest and listen to him, and it will guide you in how to talk to him and what to share. When you try to talk to him about the dimensional shift as you have done, and you see the guard go up and a bit of fear in his face, back off and know that he has a boundary there. It would be in the interest of comradeship with your son to wait to go further until some point where he has well integrated interests that are very normal.

We suggest that you meet him and his interests on his playing ground and give him some fatherly attention in this area. Give him the opportunity to explain, to share and to come into the area of communication in his own right. Let him know about areas you are interested in and that you have in common, such as something that you did that your son does. These are our opening comments. We thank you for your question and we give you blessings.

Wynn: Now we have a question from Jean in New York about her son. Her nineteen year old son is hearing voices. Can you share something about the significance of these voices?

Ra' An: Thank you for the interest in your son. Take a cue from your son that he does not treat this as serious. It is to him normal. He has lived with this before and is used to this. He has made a wise decision to not accept drugs. One of the things that drugs do is dull the individual's perception in the area of sensitivity to such things as further energies; it shoves them into a corner. At some point if the individual goes off drugs, the thing the drugs were given for can roar back and become a problem.

So what is the nature of the forces? This is a friend who has been soul traveling with him

and has a certain way of getting along with that. As he progresses there are certain things he will learn—one is to find his own center, to not believe everything the mind is saying or telling one, to find his own clarity. It is he that is working with his chosen matrix towards advancement, and he has more knowledge of how to work with this than someone looking in from the outside. There are areas where hearing voices can advance one's growth. The voices can be treated as a friend, but if too much emphasis is put on it, it can create a problem. There are areas where an individual can learn and grow through such voices. One can sometimes find a magnification of emotion through having such a situation or such even such a companion. They need to be treated with love, gentleness and understanding and need to be let go if that is the leaning.

We also indicate that this situation is more normal than has been realized throughout society. There are areas of voices that come from outside one in the area of telepathy. Right now the world is moving in an area where individuals are becoming more psychic and more open to the energies picked up telepathically from individuals around them and their vicinity. As one becomes more psychic, one becomes a radio receiver and can pick up such things. One then can simply observe what is happening and begin to get directional information. We do not wish to go into depth or put undue concern or attention on this. We only give you a few things to consider. We suggest you follow your son's lead; do not have undue concern about this. You do not wish to make this into something big when he is handling it so well and it is not something big. It is something normal for this individual. He is working with it, and using drugs would create harm. Just even talking about it is putting emphasis on it which we don't wish to do. So we put the energy between our energy hands and go 'poof.' Let him be the wonderful boy he is by not giving him stress and concern.

Wynn: Thank you. I have a question. ***I have a friend in Sedona who is a musician. She recently broke up with her boyfriend who was very violent with her and ended up going to jail. Shortly thereafter her dog died and she has been in bed feeling oppressed as if people are cursing her. Is there any help, guidance or wisdom that can help our friend?***

Ra'An: There is an aspect of your friend that is attracting such incidents. There is a desire to punish the self, to straddle the connection with others but yet to move energy within her matrix to cause her to modulate her tremendous energy and to modulate the connections with other people. It is using this energy as punishment to achieve an effect. She needs to work her way through this as some of these situations can provide growth situations where she can begin to have realizations about attracting such energies to herself. It would be good to make a place for this individual to go out and say, "Come on, let's go out and do something." Would this individual be able to go to one of the clubs and take part in activities with you? This could shift her from her centering around the dog dying. It was a great loss to her when the dog died, and a great loss from the violence with the boyfriend ending a close relationship. Do you have other questions?

Wynn: I have another question and then we'll take one question from the group. ***This question has to do with the moment we die. Through our lifetime we go through ups and downs: our hearts are open, our hearts are closed, we are in fear, we are in joy, and then there is the moment we transit this realm. How important is your state of consciousness at the moment you transition compared with all the states of consciousness and all the things you've experienced prior to that state; that moment of transition in terms of***

future lifetimes and the disposition of your soul?

Ra'An: There can be incidences, which are so traumatic that they paralyze the individual's attention to the incident and the attempt to evade the incident. Then the individual's attention, thus being attenuated, cannot be aware and open to the angels that come to move the individual into the higher realms and to the relatives that come to say, "Hello." In general as a person transitions through a normal death, their attention moves from the body, which is generally in pain or in some way inadequate for the moving on of the life in that body. They can then move their energies and their senses into the sensing of the higher energies, and they may often be seen to look up and say "Hello, Dad," or "Hello, Terry." They may be seen to smile as their energies begin to transition and they begin to let their hold go, leaving the painful situation and moving into the expansion of this flow as it is no longer rigidly bound within the body. They can experience sweet movement and can actually see and hear other forms from the higher realms that are present in their transition.

You have asked concerning the disposition of exactly what happens during death and how it affects this future. If it is a very traumatic death and sudden death, it can affect the individual as they may be stuck in a pattern between worlds, not quite believing that their life in this realm is over, because it has been so sudden and traumatic. They may be still attempting to move forward in this realm even though their body is no longer available to carry them on. This can create a situation where they can become stuck between realms for a period of time. This trauma may carry over to another life.

Very often if an individual has been traumatically wounded and then comes into a new life, there may be a birth mark in the area where the wound occurred in a previous life. This may affect their body in the new life as it has moved the matrix in the past life and the individual is trying to escape the wound. They may withdraw energy from the area of the wound and, when moving into the new body, may continue withdrawing of the energy with the desire to not experience the trauma again.

Wynn: Thank you. Do we have a question from someone present who didn't ask one already?

Tracy: Hi Wynn, it's Tracy. *I had sent you a question and I would like to elaborate on it a little bit. I was inquiring as far as myself goes being a Wanderer and if that is the case what am I supposed to do with that? Is there something specific I should bring to others in order to help them? (a Wanderer is someone who volunteers to come into this realm from a higher dimension to be of service)*

Ra'An: Give us a minute. We are looking at your energy, your matrix. You are a Wanderer. It is unlikely that you would have asked the question if you were not a Wanderer. You do like stability and yet you do wish to learn and to move into areas that are new. You of course know about yourself. You do have a great delight in new situations and possibilities that can lead to joy in the future for both you and your family, and for your soul travelers who are traveling with you. The people you have as friends have been with you before and have a similar orientation towards the exploration of the new. The anticipation of the great joys await you in the opening up of new information and exploration of new surroundings. You have a resonance with higher energies and areas of vibrational joy, and will find expression of this with your friends in each new situation you move into.

Wynn: Ok. Well thank you very much. Do you have some closing comments for us before we disconnect?

Ra' An: It is a great joy to be able to be with you and to share space with you. We are still in the space of Tracy and this is a joy. We move out now to include AI, and wonder if he had a question would he would like to send it for the next meeting? Donna, we admire your teaching energies and we bless each and every other one on the line we have not mentioned. We send you love-light energy and look forward to working with you. We are there for you not only during the calls but in between calls.

Wynn: Thank you.

Date: September 16, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: Before we begin our questions for this evening, I'll just let them say hello to us via Terry.

Ra' An: We greet you in the love-light of the One Infinite Creator. We speak slowly as we greet each and every person on this line and every person who will listen on the line at a later time. All time is now. When time is summarized as an experience, it can be different than another experience. It makes a disconnection between the two times. One may then feel that the first time and the second time are totally unrelated, and the first time of wonder and joy will never come again because it is so separated from the second time where there may be sadness. For instance, not having a job or not having money: if one can move oneself back into the joy of another time where there was joy and money, and experience the delight and the stability that money can give and that one can depend upon, we may look upon it as a marker. When that is there, one depends upon it, and when it is not there, one sees it shift and dissolve. By re-experiencing the joy and the original marker, one can then move into the present and find other areas with similar reliable markers—then one may boost oneself up by their bootstraps and again attract situations that will support them. Do you have questions?

Wynn: Yes. I am going to ask questions for people that are going through stuff that is most important. I'll try to get to the others, OK?

Ra' An: We would like to get to Willis's question.

Wynn: Ok. Let me read it. ***Willis is having a hard time looking for work. His bank account is going down. He is worried about his family and he doesn't know what to do next. What would you suggest?***

Ra' An: Thank you. Hello. We are looking at your previous job and the time that has elapsed and at your experience where interactions with family were working; we then look at loss and shock from experiences that led to no job. There was a void, and in the void it was as a lack of energy moving in and moving out, a lull. Think of the job that you could perhaps do with energy moving in and out between individuals—high level energy, energy where you are supporting individuals and individuals then are moving back into your sphere and are partaking of your offerings and seeing them crystallize. The negotiations crystallize and then come from nowhere into existence as individuals begin to rely on the connections that you are setting up for them.

This lack of a job at this time is merely a lull between areas of high energy and participation where you are providing valuable services; again you begin to grasp the threads of connections that you can grab onto and evaluate. You can then see which threads lead to the type of energy and connections with people that you are capable of maintaining and servicing. Then you will begin to evaluate the directions you would like to go. You may evaluate the energies you are attracted to in order to bring you back to homeostasis, in a situation similar to what you had before. This might be not with a

company that would go bust, but one that would be ethical and allow you to maintain these connections and again be able to bring in the money and support.

We do also recommend as one of these threads that you review what is available through Wynn, and also through the possibility, just as a little thread to evaluate, the possibility of working with sales, with a company which Wynn may know of, if Wynn feels if that connection would be of benefit to you and to the company. We are mindful of the emotional pain you experience. Hold to the threads and pull yourself along and move with the little threads to evaluate them and see which will burgeon out into a beautiful new experience of a job for you. Thank you.

Wynn: Thank you. I would ask the question or bring out the idea that never in history has so much been available in terms of information with the internet; someone who is a sales person can think, what is it that people are buying now? Think out of the box. Don't think in the old fashioned way. Do a search on the internet for all the companies that might be selling that particular thing. For example, many people are concerned about what's going to happen in the future and they're buying food storage, so there are companies who specialize in food storage. Look up food storage on the internet, and look at every company and the people who own it. Look at their pictures and see if you feel a connection. Solar power—there are people who are concerned about making their homes off the grid. That's becoming a growing trend and so are companies who sell things off the grid.

Figure out how to find the people that are looking for that and why the company you are representing is the best company. When you approach a company with a knowledge of their products and the market, the enthusiasm will carry to the company and they will say, "That's a guy we would like to work with." When you approach a company and think "Woe is me, I have a family to support and everything is hopeless," they feel that energy and you are not energetically able to connect with them in the right relationship. I will turn it over to our source now and have them comment on that kind of idea.

Ra'An: We look at areas of interest where Willis has experience and note at this time other companies are doing debt resolution. It is quite popular right now in the economic times you find yourself in. We will send synchronicities and watch your dreams and follow your interests. Your services are very needed and desired. Don't ever lose confidence in yourself because you have much to offer.

Wynn: Thank you. Yes, doing an internet search on debt resolution, mortgage refinancing, things that are really needed by people. There can't be enough good sales people to service the market that would be interested in those kinds of things.

Ok, next question. This is from a gentlemen who I'm going to leave anonymous and I'm not sure if he is on the line or not but I'm sure he will listen to the answer to this. He sent me an email and shared a lot about his life. He is disabled and his life is falling apart. Let me read a little bit of his email that he sent me:

Question: A little about myself: my parents came from Cuba in the sixties, my mom and my dad had dreams of starting a family here in the US. They gave birth to my sister and seven years later gave birth to me. Three years after my birth, my father died of cancer so my mom was left in this huge new country by herself with two kids. She had no job.

My father was old fashioned and didn't let her work. She didn't know the language and was left with twenty thousand dollars of life insurance that my father had. Two kids, twenty grand and by herself and no family. I later asked why she didn't go back to Cuba and she said no, it was your father's dream to have you guys grow up here and that's what I did. I was not going to forget about your dad like that.

I studied hard and got my bachelor's degree. At 18, I went into the Marine Corp. When I got out on September 11th, my sister was working in the World Trade Center Seven. She was there when the towers collapsed. She made it out, thank God. I volunteered to help with the Marine Corp and stayed there for two and a half years. I saw what the supposed terrorists did. They almost killed my sister, so I volunteered to go to Iraq. I was in Baghdad for a year and continued to volunteer for two more years, which leads me to the present day. I had to leave Iraq because I suffered brain inflammation that made my left leg numb and immobile. I am now thirty years old. I can't walk, I can't hold my urine or my feces and my reproductive organs don't function. I have no children, no wife and no girlfriend. The same lady that sacrificed so much before for me is now taking care of me. She is watching her son suffer day by day after she suffered enough herself. I am a college grad, a decorated war Marine, a son and a brother, and an uncle to my sister's kids. I couldn't have kids, so at least she was able to.

Now tell me, for a person who has lived such an unselfish life, why am I and my family being punished so badly? I thought I was helping people and whether I was or not that's different, but I thought I was helping people. Why is this happening to us? I would appreciate if you would ask your sources to speak about this. I just want to give my mom the chance to see that her son is ok before she leaves here. That is why I asked you what happens when we die, because it's got to be better than here. I don't believe in modern day God because that is the same dude I prayed to since I got hurt, and the same God I prayed to when my friends were dying and He didn't do anything. He let them die and they never saw their families again. How am I supposed to believe in anything?

Ra'An: We are connecting with your long track of suffering and see how gruesome is your body. You have a kind heart which is working over the contamination that you picked up in your tour in Iraq. You are suffering from contamination that may be taken from your body to clear the conditions or to ease the conditions that you are experiencing. Many of our soldiers when they have experienced a tour of duty in Iraq also experience similar problems. It is not due to their orientation or their views. It is due to coming in contact with depleted uranium which is used in many ammunitions and many weapons or explosives. Also there are contaminants in injections which can create a feeling of disorientation and a feeling of illness and a feeling of light headedness and disconnection that makes life in this realm seem a little unreal. To move through that, one would need a specific program of detoxification. There have been programs developed and information which you could find concerning such programs on the internet. One would need to be careful that such programs were not making it a more difficult problem for the body as it would have to involve getting rid of certain substances and poisons that are lodged in the body. [Search the internet for] toxic metals, detoxification from toxic metals, detoxification from depleted uranium.

Concerning your question regarding death: very often when there is such a condition

within the body, death can be a release from the body conditions. This is a condition of the body not of the soul and one tends to leave these behind when one leaves the body, and one can then move on. Your mother really cares for you and it is a very strong bond. You have a very good soul. You cared for your buddies and your caring is not lost in the universe. That vibration moves out. We experience that caring as we connect with you.

We can magnify or broadcast that caring and it is very sustaining and very beautiful. Your mother has a similar caring.

Those are our opening comments. After you have searched, you might check the name Gary Null on the internet. He has developed a program for detoxification of veterans that have come back from Iraq and you may be able to write him or his organization and get more information. That way you will know that you are not alone. You already know that other of your fellow soldiers in Iraq experience similar things to you. You may be able to use that experience. Perhaps you could find a way to detoxify your body and to also help other individuals who are suffering similar experiences who have come back from Iraq and Afghanistan. We will [address further] questions in the future.

Wynn: Thank You. Our next question, and I would like to keep this to an hour, so this is a question from Lori who says, *"After reading The Reincarnation of Edgar Cayce?, my interest in pyramids was invigorated. I dug out some blueprints for building a personal pyramid in which to meditate, blueprints I purchased in the nineties and never used. So I am now considering going ahead with this after what I read in your book. These blueprints were purchased from Mary and Dean Hardy, authors of the book Pyramid Energy: The Philosophy of God and the Science of Man. I would really appreciate knowing if there is a spiritual benefit for building and using a pyramid based on these blueprints in particular, or am I better off or the same just continuing to meditate without a pyramid such as this? Thank you."*

Ra'An: Give us a minute. Pyramid energy can equalize a field. It can stabilize a field, and so it would be a possible advantage to explore this further, to find a pyramid design that will do well with you and to utilize this. We would recommend exploring the idea farther with the designs that you have.

Wynn: Thank you. *That was a short answer and I'll get this question in. It's from Dee, and if you recall, she had asked about her daughter's haunted apartment. Terry later did a channeling for us and advised us that there was a ghost; a man who had not moved on. He was lonely and confused and our source was going to help work with that ghost. Could you give a current update on the ghost, if he's still there or if he's moved on?*

Ra'An: The ghost at this time has moved on to some degree, but still he has a favorite item in the apartment that he comes back to. He had a chair where he would sit and he comes back because he had such a good feeling sitting in the chair. He comes back to the area where the chair was and he just attempts to soak up all the joy and all the good feelings he had when he was sitting in that chair and smoking, and he just wishes so much that he could do this one more time that he does come back to be in this particular area. We will continue to work with him. Thank you.

Wynn: Would it be good for them to get rid of the chair?

Ra'An: The area where the chair was, not that there is a chair there now.

Wynn: Ok. Thank you. That is our last question for tonight.

Date: September 23, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: Ok, this is September 23rd and this is our Wednesday night conference line. This is Wynn in Sedona and Terry in Los Angeles.

{Wynn calls in the light}

We can turn it over to our source now.

Ra'An: We greet you in the love-light of the One Infinite Creator and we transmute with each and every person who is listening any negativity in your daily life, in the news, in the call, and move it into the higher realms of light to be transmuted and discharged. We compliment Temperance upon her observation that what you put your attention on is what you get. The frequency, the mass, the space, the time that you put your attention on and worry about, affect those ideas in your consciousness; this then connects up with similar attentions in the environment and they attract straight in. This is one of the reasons that when Terry channels she does not go through the negative realm. She goes straight to the positive. We are so pleased with everyone being here and your attention upon the higher levels of love-light and we boost the frequency on up as any of the attentions that have then have made in this hall? We give it a minute.

We would like to comment upon what has been said. On Sundays we take part in a grid healing. On Wednesdays we answer questions where individuals generally have something they would like to know more about or they would like to resolve. On those days we are dealing with situations that are non-optimum and we would like to wrap them up, torque them around and change them into a more optimum situation for ourselves, our planet, our family, our social group, our situation. We can do it with our mind and we can have a great divergence between the actual situation and the ideal situation. The more we can mock up the ideal situation and hold it there and crystallize it within our consciousness, for instance someone that is looking for a job can mock up the joy of working in a situation that is give and take in a very solid way. This will then bring in other situations where he notices that, because his attention is on it. So if you have an area where your attention is, then you look out into the world and see all kinds of things where your attention is on. By this noticing, you then have more opportunities, more synchronicity—you bring more of what your attention is on it to yourself.

The purpose we're reviewing a negative situation would be simply to note it and then come on the call and say, "I would like to get a job." Or a question on Sunday, there is a prediction on the San Andreas to release soon. Actually that was [Brooklyn?], October 25th 2009 was his prediction. Then present it to the higher forces, we are not without remedies for many of these situations. Based upon the fact of how this realm you are living in is created and exists, it can be changed. Although there is something negative going on, it is not written in stone and it can be changed. As the time line comes closer to something, it gets harder to change if it is getting more solid, more crystallized, but even so, and even in some very hard situations, the higher forces have wherewithal because they know how

the realm is constructed, that it contains intelligence. It is one with all of us. It is like a rope. You tug on one end of the rope and the other end of the rope moves. The intelligence transmits to the intelligence in other areas and there is intelligence where most people think there is no intelligence.

For instance, in a typhoon there is intelligence behind that typhoon and would one not judge it but communicate in a way that can be comprehended by the rudimentary consciousness of the typhoon. One can have a communication. Although there is free will, [one could ask,] "Would the typhoon decide to change it's course?" It's able to do that, but one would have to be in very good rapport to get the message across and to have it agree to change its course or to diminish or to donate some of its energy towards other areas of earth that need energy.

So we are a good communication line, a good friend to have, and if the communication, the prayer, is sincere and for the highest good we will get behind it. The more people that are asking, the more right we have to get behind it because of the free will clause. We love you. We love each and every one of you and we are still torqueing up the energies out of the negative things, pictures that were there we don't even like to mention it but we are still torquing them up, ramping them up, tuning the frequency; bringing the frequency higher into the love-light, into the joy, into the knowing there is another world, another answer. This is the joy of the heart, and keeping your heart in joy and love will be a beacon and a guide that will bring you through into the light and into the love of the higher realm. We say goodnight, but we do not leave you. Blessings to each and every one of you and love. Adonai.

Wynn: Thank you very much. On that note I thank you all for participating and that was an incredible message they just gave us about how things work and a confirmation.

Date: September 30, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: This is Wednesday, September 30th and this is Wynn Free. This is our weekly call every Wednesday, where we usually ask questions that are submitted by you. Of course sometimes I do something different. It seems like everyone on the line has some familiarity with what we do, and you're all getting good at it, because it's basically a period where we connect with each other and connect with these group souls. Terry is on the line and Terry is able to be a voice and they can speak to us. If you are listening and not totally believing that this can be real, then just be open minded. Terry are you on the line? Would they like to talk to us?

Ra' An: We greet you in the love-light of the One Infinite Creator. We are all and we are nothing and we are here and we are not here and we are with you and we are able to connect with you in our energy body. We are able to connect with each and every one of you and greet you and send you love. We are here today. This is September 30th, 2009. Our sense of time is not your sense of time. We have to access other time memory banks in order to bring forth this data. We are here to answer any questions that you may have in this time of change within your density. The energies are building within your solar system and are being impressed upon your earth; as this happens, the earth responds by subtle shifts and not so subtle shifts and changes in the geology. It is much like energy stimulating the fixed parameters within your sphere—any inequities in pressures get sorted out and rearranged. Do you have questions?

Wynn: *Yes. I am going to ask a question, and I understand there was a tsunami today or yesterday. Was that something that you knew was coming and is it part of the earth changes that are upon us?*

Ra' An: Our energies are focused further out from your planet and we did not focus upon this tsunami. It is much like an individual sitting in a Starbucks and if they look outside the window they will see the street and the cars going by but they are focused in a more diffused manner as we are. We see earth, but unless we focus in on it, we do not see the particulars, however we do see different pressure built up as we view the whole earth. For instance, the pressure is high along the southern end of the San Andreas. The pressure is high underneath the earth, and it extends down miles; it is like a bubble that is ready to break off and the tsunami was precipitated by a shift in the earth's shelf that then transmitted vibrations through to the San Andreas and increased the pressure upon the San Andreas and even along the Atlantic Ridge. As one thing happens it extends pressure upon other things which then need to release. So we knew things were coming, and had we focused in we would have seen it.

Wynn: *Do you see the San Andreas fault catalyzing an earthquake in the near future?*

Ra' An: This is likely and the pressure is building along the fault. As we bring the model that we view of the San Andreas within the body of this individual channeling, it increases

the pressure and this person gets a headache—as Daphne got a headache and individuals who are more sensitive get headaches before events that are about to release.

Wynn: *Is there a time period that you can say when that might happen?*

Ra'An: We do not predict, as your work and our work and other people's work may make changes in the time period and may make changes in the magnitude and we can ask for shifts to move it, change it, to lessen it. We do see a folding of the San Andreas over itself as the pressure gets too high to contain. It is according to the mechanics that your density works under, however we do not wish to instate fear because that only brings something on in a greater magnitude.

Wynn: *Can we send the light to this fault right now?*

Ra'An: There are two systems involved. There is one system of the continental shelf and the other system of the Pacific shelf. The continental shelf is producing forces to buckle over the Pacific and it needs release. We suggest that you not only wish the light to come but the sensation of its natural function. There is a third system, which is the outside system where changes can be made in the mechanics. Then there is the free will clause of the matter involved in the physical density. We can send light for the modulation and send love-light to the ground for a more calmer and less pressured existence. We are doing that as we speak using each individual on the line also to help ground and to send love-light to the ground. It is a work in progress.

Wynn: Thank you for your help. *We have a question from Temperance which is related to this. She has heard that the ocean levels are going to increase as much as 22 feet, and she lives a quarter mile from the Atlantic ocean. She has memories of past lives where she died by drowning and doesn't want to repeat it. The question was: would it be prudent for her to move to a location further away from the ocean and what is the time line for this increase in the ocean levels if in fact is something that is supposed to happen?*

Ra'An: There are a number of complexities and possibilities in that an event on the Atlantic Ridge would have the potential for producing a tsunami in the area of Massachusetts and in Cape Code and along the Atlantic Seaboard. There are shifts coming as the energy is getting quite high in the positioning of the earth in its relationship to the solar system. We suggest more of an opening of the heart that will guide one whether one has a body or whether one does not have the physical body. There are better physical bodies than the ones available that are in the model stage from which we derive matrix energy, and we suggest that one stay open in one's heart and use this for a guideline rather than trying to protect oneself from all eventualities.

One may consider other reasons to move out of Massachusetts as the laws are becoming more binding, however using one's heart matrix towards guidance in making up one's mind will help. There are potentials and possibilities. These may be changed with your work, your grid work. They may be modified with your grid work and also in your own setting of your heart chakra being opened and your own aura of protection. By not focusing on these things but focusing on what you want, you can have a certain amount of protection that will guide you through the difficult times and the changes. We do not wish to say to make up your mind this way or that way. We only wish to give you guidelines

and there are possibilities which have not been totally decided at this point.

Wynn: Thank you. I have a question, it's kind of a human type question and it's from a gentleman by the name of Steve B. I am not sure where he lives, but probably it's a question that many people would be interested in the answer to. ***He talks about his excess body weight. He struggled with a weight issue most of his life but especially in the last ten years. No diets or lifestyle changes seem to release his excess body weight. Can you give him any advice how he might achieve the goal of releasing his excess body weight in the next two to two and a half years?***

Ra'An: Give us a minute. We are tuning into his energy field. The intake of liquids and the intake of food should be on a regular basis with approximate times for eating so that the body can intake the food and then release the waste, and not accumulate the weight on the body and the waste in the body. It should be regular intake, outflow, intake, outflow. The regular times for eating will be a help. Getting enough sleep at night between ten and two particularly, sleeping soundly with the lights out and not getting up in the night will help reset the body and the metabolism to help burn off the fat. Give us a minute.

Do not drink sodas. Drink enough water that is purified water of a proper PH to help your body flush out toxins; when toxins build up in the liver and do not release, (give us a minute, we are working with your body) then the proper metabolism for the burning of fat cannot occur. When the liver is clogged up with toxins, it cannot release the toxins; the chemicals need to burn off in order to release the fat that can be a storage area for toxins that one is unable to metabolize. Getting a good night's sleep will help the metabolism, just relaxing at night, that is your own time, letting the worries go. Being able to sleep soundly will help the body to reset itself. Coffee and sodas cannot make up for purified water.

Vegetables, lightly steamed will be good. Use omega oils or flaxseed oils. Do not have butter for a while. Dairy products can also put on the weight. Limit coffee. Those are our opening questions and our assignment: to see how you do with making sure you get sleep with the lights out and getting on the regular meals, giving up any sodas, increasing the fresh vegetables and picturing the inflow, outflow. Inflow of food and outflow of waste on a regular basis with your body, and give your body an attitude of caring for your body. Do not criticize your body for being fat. Do not criticize yourself for being fat as this will only compound the problem. Picture yourself as being slim and the body weight sliding off and going away. Thank you.

Wynn: Thank you. One more question for tonight. ***We are starting this new program called Team Shift where groups of three to four people will be getting together every day on their own conference line, calling in the light and rotating amongst each other. Would you share the benefit a person might have in participating in that and the benefit to the planet in a greater way if one participates?***

Ra'An: Yes. This participation will add energy of each individual that is participating into the helping of the earth grids and to the helping of their own situation and to support in their own life and in their own day. It will be an exciting new venture that will help each one that participates.

Wynn: ***Do you have any closing comments for tonight?***

Ra'An: We suggest that Steve also take Vitamin D-3. This will help in metabolism of

minerals. We suggest that the comments that have been made for the régime for Steve also applies to individuals who are wanting to change their physical circumstances and their awareness levels and their body metabolism.

As we view the earth right now, it is moving into an area of heaviness of the grid system where it needs to release. One can find solace and comfort in the higher energies where it is above and beyond this heaviness. Although Mercury has gone direct, this heaviness may find pockets of expression and we recommend that in your Team Shift that you give prayers to the earth and love to the earth for the safe transition and protection for the peoples of earth. Thank you for being with us and allowing us the honor of being with you today. We love each and every one of you.

Adonai.

Date: October 7, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: Do we have any opening remarks? We turn it over to our Source speaking through Terry.

Ra' An: We greet you in the love-light of the One Infinite Creator. We are here today creating a channel, a vortex through the atmosphere of your planet and down through the crown chakra of the instrument that is doing the channeling. We also connect to each and every one in whatever capacity you are able to receive us or wish or desire to receive us, and we are there to answer as there are no words here. We would say to answer your prayers, however, there are many variables based upon your intention and your desires and the consensus reality you have agreed with that are taken into consideration so we do not violate your free will and your capacity to love and to experience the higher energies as they flood your plane.

It is easier for the higher energies to come in at this time because of the higher frequencies that your solar system and your galaxy... in fact that your solar system is experiencing in relationship to your galaxy; it makes it easier for the flow to happen between not only us and you, but between yourself and the star bodies you are connected to. Your DNA is unfurling as the energies are flooding your earth plane and your body and your light body is receptive to that. You carry the imprint of this DNA to your future, and it helps to define the individual you will eventually become. Do you have questions?

Wynn: Yes we do. ***We have a question from a lady, I believe her name is Joan and her question is: "When one prays using the Lord's Prayer, who are they actually praying to?"***

Ra' An: The individual is praying to the complex that they have in mind. This is a filter based upon the mindset of each individual who is praying the Lord's Prayer. That said, the prayer then goes through the filter to the higher forces, to Ra' An, to All That Is.

It isn't only Ra' An, it is All That Is which one may experience as God. We do not have a word for this. The intelligence, the awareness that is in back of All That Is, and is modified by the situation and the matrix in which it finds itself and blends with a color to the rest of all that is.

It goes to what you may call God, who is the intelligence that is behind All That Is and is experiencing Itself through the different areas of matrices throughout All That Is. To some degree, when one prays the intelligence behind all is aware of the prayer.

Not only is All That Is, by the definition of the word "Is," means it has come out of the nothingness but the awareness is experiencing Itself in an area. The intelligence behind it all has much free intelligence that is not involved in the intention and the attention of the different frequencies and variations through which All That Is expresses Itself.

The amount of free attention and free awareness at the higher frequencies where we reside

is able easily to pick up and translate into concepts your thoughts and your prayers, so we, as you might say, are manifestations of All That Is, or helpers of God, but it is God that hears your prayers and we are helpers of God. We hope that sets some clarification on this.

Wynn: Maybe I will ask one more question on this topic. ***You experience yourself and when I say you, we are talking to a group energy, so there is one experience you have when you come together and talk to us, and when you are not talking to us I would imagine there is a different experience, because you become one to talk to us and then the next moment, authority or responsibility is delegated. Is that close to how it works?***

Ra'An: We do not look at it in the manner of delegating authority. We look at it in the manner that as we experience your thoughts, your matrix or the area where you reside, we then experience that and the color of that, the taste of that, the sense of that, we experience that very poignantly. The instrument does not understand the word poignantly. We experience that with sharpness and clarity, and there is no time really. Time is very much faster (if you want to call it time) where we reside. and therefore there is no delegation of authority in the manner that you would call it; however, we experience directly and then your prayer becomes a direct answer for your matrix and for the situations around you. This is why you attract what you are mocking up or thinking or what your ideas are in your belief systems that attract similar frequencies to you. If this is very very strong, yet you have a different outcome in mind, then you are thinking that there is a division and we can push power to you.

Everything starts with, in a way, a lie, because it isn't; and then the idea of it existing or being, is; and so there is a dichotomy between what isn't and what is, and then you begin to manifest it.

So if you want abundance and you don't have it, you begin with a lie within yourself that you have it and then you manifest the idea within your matrix not yet in the physical universe, but then you begin to notice outside of yourself abundances and you begin to identify with them and walk into the new abundance.

If, by contrast you don't picture abundance, but you say, I am poor and I am overworked and I don't have enough money and I can't pay my rent, then you are very open to see all the situations which are similar to what you are thinking about and it then zeroes your energy in on that. Once you start praying for abundance—at the time it is not true, but by the manifestation in your belief system within your own matrix, then the outside must match the inside and it will torque to convert to your idea. That was a rather long answer.

Wynn: Yeah. Maybe I won't ask any more questions like that. ***What you are saying is something like the Law of Attraction which is so popular now in the Secret—that if we start owning something inside yourself you create space. This is really a very important topic. So many people are up against this kind of issue where things are falling apart around them and they need to find something new, and part of them sees things falling and that's what they believe, so that they have to create something new in their own space so they can attract it in. Would that be correct in saying that?***

Ra'An: That's correct. Once they begin to believe or to have the vision of it, it may be hard at first; but if they have a vision, we can push power to the vision and push synchronicities to the vision. To tie it in with what we said before, we are, in a way, the handmaidens and

handgentlemen of God, in that we can bring the answers, the solutions in as you begin to move into an area of believing that it can be possible, that it can possibly be true and could happen, and you can move out of your difficulty.

Wynn: *When one is going through this kind of difficulty or is unable to change their belief system, I would make the hypothesis that going into a Team Shift meeting everyday for five or ten minutes could make a huge impact on that because now you have a team supporting the shift of perspective. Is that correct?*

Ra' An: That is correct and we suggest that you monitor Team Shift and even interview some of the people individually to see how it could be made better, and so one person doesn't feel left out, so that everyone is moving towards the goal.

Wynn: We are starting a process of doing that but thank you for mentioning that. Now let me go to another question. *This is from a lady in Sedona by the name of Anita, and she has a friend Carmi in Israel who has cancer. What are the obstacles that he would have to cross to heal himself physically, emotionally and spiritually and is there anything she can do to help facilitate that?*

Ra' An: This individual is very ill and this individual needs the cleansing of the liver so that the toxicity can be moved out of the body. We feel the nausea, we feel the slight disorientation as we experience this individual. There is much work to be done and to move into a different orientation; an orientation of health not an orientation of sickness. This individual needs to move into an orientation of really nutritious food, liquefied if necessary. This orientation of cancer has taken over and is manifesting, creating holes in the energy of the body that the individual is then experiencing this. We speak very slowly as we are working to clear it, however there is a whole conglomeration like a cloud in the astral body.

It is as if this cancer has been recognized, labeled and then is permeating around the area and is creating a blister, a huge blister of energy that is maybe 2 feet by 3 feet that is feeding the cancer. The cancer is the solid core within it, although it is not solid. In your density you call it solid. Around it, it has this aura, you may call it an aura of cancer. We are working with this. The liver is unable to clear. There should be more liquids, more pure water injected to help clear the toxins. We are not giving a prognosis as much work needs to be done. We are still working on clearing this toxic blister, which extends from the more solid core to the energy surrounding it, that is creating a disorientation or a diffusion in the attention of the individual. We then send love-light to the individual and ask for strength be given to the individual so that he can get back on top of this, as he has succumbed to the blister of energy of the cancer.

We do not even like to give the word cancer. It is a disruption of the proper energy flow is what it is; that is the basis of it. It is a huge disruption of proper energy flow which started with the liver not being able to process the toxins and the lack of flow through the digestion area. This whole thing needs a sweep of fresh air through it and a clearing of toxins. We send love-light and strength to the individual. Love-light and strength that he may know that he is not the body and he is not the cancer. He is a beautiful child of God and we leave these impressions within the individual that he may have a better choice, that he may move more into his own center instead of becoming this blister.

Wynn: *Would it be wise for his friend to play this for him?*

Ra'An: That would be good.

Wynn: *So when she does is there anything you would like to say to him directly?*

Ra'An: We send you strength in your own self and love-light to strengthen your own lightbody. There is support for you and we will remain with our attention available to you; however we only come as a companion and with co-joint possibilities for a healing which you would be a participant in. Move towards healing first of all in your mind and then move it through your body and know that you are safe within the heart of God. You are God's child and you are safe within and without. Besides, what is this life? You are a permanent individual. Stay in your heart and this will be your guide, so that whether you stay in this life or move to the next, you are loved and you do not walk alone. Detoxify the body. Work towards that end. That is our answer.

Wynn: Thank you. Alright, *next question is about autism. Joan, who is on our line tonight, is concerned about the increase. We had a conversation earlier where I suggested it was the shift going on. Why don't you give your take on this?*

Ra'An: Thank you. Give us a minute. Part of the reason is definitely the shift; the energies are coming through very very strongly and affecting individuals—not only the infants or newborns or two year olds, but people that are older are getting a similar effect to them, although they are better able to control it. There is a greater influx into the care asylums at this time based upon the increased energies, and people are having a hard time overcoming the increased energies and the increased frequency as it is shaking loose the stabilization of certain patterns that they have within their own self. [As a consequence of] this shaking loose and destabilization of the patterns, people do not have this stability to rely on, and they reach out to resolve them in ways that are not of good social communication.

As people try to resolve patterns within their own life, the patterns get in the way of communication, as they are trying to express unconscious things that have been held down and kept out of view and have been brought into this lifetime from past lives and even through this lifetime. As the individuals have gotten older, it still can start to express itself even at a later time.

As the frequencies and pressures increase on individuals it is harder to keep the patterns under control; in a way this is a good thing in that the individual is not just being social—he is more reaching out and trying to resolve patterns that he/she has been stuck with for eons, since ancient times in some cases.

Some people think vaccinations is the cause of autism, [it is not], however it can be the trigger in that it can inject toxic material such as mercury (although mercury is being taken out of a lot of the vaccinations now); in the past many of them had mercury in them, which can create a toxicity within the body that is harder for the individual to handle, so that the body itself is not processing the communication as it did before the vaccination. So toxicity in the vaccinations can be a factor in the moving of the social control over the body's system. As the child grows. it then makes it harder for the body system to be controlled by the individual as the toxicity creates different pathways that weren't there before and it makes it harder for the child to overcome.

Was there another part to that question? What to do with these autistic people?

Wynn: *Well she had a general question of how to fix them. What can be done, if anything.*

Ra'An: Yes, alright, we have two suggestions. One of them is to really listen to the individual. If it is a pattern that is trying to break through, really listen and communicate with the individual. Get the individual to tell you what is going on and see if you can see if there are any pattern breakers going on. The other thing is to mud pack the vaccination site to get rid of as many toxins as possible. There is a heavy metal detox put out by Dr. Marshall and a whole protocol for this. A heavy metal detox can be placed on the vaccination site and combined with a mud pack to withdraw toxins from the area. (Dr. Marshall can be reached at 310 320 1132) There is a protocol for detoxifying the liver and this may make a release for both the child and the parent in some of these cases. There are two things: getting rid of the toxins from the liver and from the vaccination site of the child and working with the child to help him understand and to help you understand what patterns and difficulties the child is going through and really listen. See what creative solutions or help you can come up with—just listening can be a big advantage or can help make a change.

Wynn: Thank you.

Often time when Dr. Marshall is recommended, I happen to know that Dr. Marshall is Terry's favorite alternative therapist, so I am always asking myself: is Terry's consciousness bleeding through? Is there a bias to it or is there not? Would you like to comment on that?

Ra'An: Dr. Marshall has access to some information from the higher sources. Dr. Marshall works with doctors, he is sort of a doctors' doctor. He has doctors all over the United States. If an individual is in some part of the United States, he can get a reference to a doctor in that part of the United States or the closest doctor they can go to, actual medical doctors, that they can go to get help. There is various cases that have been helped, but also there is information that has come to Dr. Marshall through the higher forces. This is workable data that can be shown to be workable.

Wynn: Thank you. The last question this evening. We are running over because we had so much trouble with the phones when we got started. *Somebody was asking about the Shroud of Turin and some people say it was a fake and she asked if it was a fake or not and she wanted your confirmation and I don't know if you feel clear about answering that but you can take it as you see fit.*

Ra'An: Give us a moment. This is one of the areas where ten thousand years from now this will not be an issue so we look and see what is important about the Shroud of Turin. Is it that maybe it would be a sign that Christ was true? Maybe it was a sign that Christ had energy that was beyond normal—that when he left his body it would put a burn on the cloth that was over him. Or would it be that there was a shroud over him that fell to pieces over time that individuals attempted to reconstruct it? Would it be someone's effort to put something there that would bring attention to that branch of the belief that would bring in followers and therefore be a good thing? We leave all these as possibilities but we do not wish to comment. Give us a minute. We feel that there is truth in all of those things that we

have mentioned.

Wynn: Thank you. *It seems to me when something becomes symbolic, that people look at positively, that there is a wisdom in not taking it away from them for some lower level of truth. Would you go along with that?*

Ra' An: This is a very big question that we do not wish to comment on at this late time in the channeling.

Wynn: Ok. We'll bring it up some other time. On that note we will close this session if you would like to say anything to everyone on the line.

Ra' An: We appreciate everyone. Thank you for being here, every single one on this line and everyone listening later. We are available to be with you, you have but to ask.

Date: October 14, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: Do we have a source present and ready for our questions?

Ra' An: Yes. We are delighted to be with you. We greet you in the love-light of the One Infinite Creator. We are delighted with the question concerning the Source energy and the opinion of presencing the Source energy bringing love-light through and love-light-joy rain in migrations moving through the individual, and this is Source energy. If someone is not on the Source energy, then they begin to experience the leanings and the colorings based upon the entities and spirits that are in that area, in a sort of consensus reality, coloring Source energy at that time. There is Source energy everywhere, however, it may be covered by other energies that one experiences when they are in that area or sector. Do you have other questions?

Wynn: Well there was another question related to that. ***Do people have this experience of Source energy when they have, what they identify as, a near-death experience?***

Ra' An: Not necessarily, for once they experience a near-death experience, they may or may not experience Source energy. They may be visited by relatives or move in a transition between the third density and the heaven realm. The Source energy is above and beyond the heaven realm. We hate to put it in those terms, which are third density terms, because above and beyond is not really accurate as Source energy is everywhere, but we speak of above and beyond merely in the terms of frequency. The frequency is much higher and clearer and like a resonating bell, which is capable of resonating with whoever, whatever individual comes and partakes of this high frequency.

Wynn: Thank you. ***Marsha in Alabama is reporting she is having physical objects disappear, and it seems like it's some kind of phenomenon rather than just losing them. Could you explain a little bit about this and what is happening to those objects?***

Ra' An: Give us a minute... We are getting that some of these objects have merely been misplaced, that there may be an entity in the area that is playing tricks and moving them behind or under; e.g. behind the curtain on the lower shelf. This entity is a trickster and is not totally of this realm. We suggest looking around to see in the nearby locations whether these objects are there; we are looking at this trickster, and the game is to trick and confound as a sort of a practical joke. Part of the pay-off is the confusion of something missing in Marsha's space, [the confusion in] Marsha's mind as to what happened here. That is like an introductory answer.

Wynn: I have a question. ***If there is an entity that is non-physical, how does a non-physical entity move something that is physical?***

Ra' An: It is possible through vortex manipulation to move something from a non-physical location. For instance, an entity may shove a door shut or may knock an item off a shelf.

First of all, [by creating] the manifestation of an approximation of the physical body, which would be much more thin, and then to use this to impart force to a physical object—if an entity was very good at it, they would be able to move a physical object.

Wynn: We have a question here on a repeating cycle of drugs. Why does someone do that and how can they get over this and break the cycle?

Ra' An: There is a tremendous desire to feel better, to break the spell of the difficulty of living in the third density, and to get back home to spirit, and to do it by the short-cut of taking a substance that disconnects them momentarily from the difficulty.

Part of [what] drugs do is to release substances in the body that make it easier for the individual to feel joy or a high. It moves one into the joy of [being] more oblivious to problems, and problems fade into the distance; there is a joy just in the disconnection of troubles, and the moving into more of a tender space. It is like a short-cut to coming home.

We would suggest for the individual to find food which is very good for the body and does not deplete the body of its minerals, that [rather moves] them into the body and makes them available, which brings in a high; one can move into more of a high by [consuming] substances which nourish the body without depleting it.

When one achieves a better diet with minerals and vitamins, which can incidentally taste extraordinarily good if prepared right, and can then give a nutritional high, then one is on the road to recovery. Keeping the body at the proper PH; a PH of 6.4 to 7, which can be told by measuring on PH paper the first morning urine. If one keeps the body at this PH they will feel better for one reason: that as the PH gets into the better range there is more oxygen available within the body, and the body starts to be more nourished, and the brain begins to be more alert. Simply finding food and liquids that one may drink that are nourishing, really nourishing and taste good, and can bring the body into homeostasis [or balance], will help immensely. That is our answer.

Wynn: Thank you. *We have one more question from Al in Florida, who has been doing our Team Shift program, and it seems that doing that program is increasing both negative and positive flows in his life, or he is identifying that. Can you explain a little bit about that, and also another question is, some people may be more sensitive to picking up the energy of other people on the line, and be processing them and not know it. Is that a possibility, and is it okay to take off a couple of days? I'm sure it is, of course, but that's his question.*

Ra' An: First of all it is okay to take off a couple of days. Al, when you are on the call, if you can, become very sensitive to [whether] the negativity feels as if it is coming from a pattern of yours or something you have been working on—that maybe the other person is triggering something within you and bringing it up. Once it is brought up, then it is something you can become aware of and handle. If it doesn't work to take a couple of days off, then you can see begin to see if this is coming in from a different direction, if it does not seem like yours. This can branch off into several complicated answers.

If it seems as if it belongs to another person on the Team Shift area, you can let it be known that you would like to take some time off and evaluate it, and speak with Wynn about it, and perhaps Wynn can help you sort it out, whether it is a pattern coming up from you or you are duplicating something from another person.

The energy coming in right now from the solar system is triggering a lot of people's patterns, and people are finding things going faster and faster. Since it is triggering these patterns, it may be considered it a negative thing. However, very often for negativity to stay with you and not flow through you and be gone, means that there is something within yourself that is catching hold. Something within yourself needs to be looked at; observed, cleared and let go. That can be a start of observation and then get back with further questions about what your observations are.

Wynn: Thank you. We have one more question. *Lou in Canada was asking about work. She is looking for work and wants to know in terms of the state of the planet should she be looking for a long term job or a short term job? She has done some coaching, but it sounds like she is not getting work in the areas of her specifics, so she is opening-up to the general. Can you give her some counsel on this?*

Ra' An: One of the things in the area of health foods that she might be interested in might be the products by Ambaya Gold, to get some stores if it can be imported into Canada. Anyway, that can be further down the road, but that is a possibility, and Wynn knows about Ambaya Gold. You may also look for a short-term job that [could become a long-term job] by reviewing the different stores that have openings for people. There could even be a job as a waitress, say, in a health food store, or a waitress in some kind of healthy foodie restaurant. Something to begin, to start, and once you get a job part-time, then you can have more contacts, and you can talk to these people. You can begin to see more, what's out there. You can look in the paper and see what appeals to you there. We see you working and being a support for people when times gets harder; assuming that it gets harder, because we can always put out the idea that it will get easier.

Wynn: Okay, I have a question, and this is my own question. *A lot of people are talking about some kind of first contact; an ET thing that is going to very public in the near future. Do you have anything to reveal about that, and would we expect that if that did happen, that [it] would be a service-to-other or a service-to-self source, that was making itself known?*

Ra' An: This could happen anytime. Give us a minute...[Yes, a] service-to-self announcement, as there is contact going on, however, it is kept secret that there is contact going on. So, at any time it could be announced, but then there would be the question of why has it been kept secret for so long. So, at some point, there does need to be a revelation about it, however, there is fear that if it was revealed, there is too much to reveal, and it would not be taken well.

Wynn: Thank you.

Date: October 21, 2009 (Wednesday night live Q&A conference call)

Channel: Terry Brown

Questioner: Wynn Free

Wynn: We thank you for joining us. I will turn this over to Terry, and they can just say hello, and we'll start asking questions.

Ra' An: We greet you in the love-light of the One Infinite Creator. It is delightful to be with you tonight and we are anxious to be of service. It is our honor to be with you in this realm, [in that] it is unusual for the higher forces to have direct access, as we do with each individual on this line, and to have "voice contact" through Terry.

We are anxious to answer your questions. We are mindful of your question concerning consensus reality, and how much impact one individual has on consensus reality. It depends to some degree on the density of the population, in a particular area, and it also depends upon the intention of that individual and whether it is for the higher good.

If it is for the higher good, then other individuals of like-mind, light workers, and the higher forces, which are more "steeped in love" or "more manifested and grounded in love" can join in. Thus, it can color the whole of consensus reality. There is not one consistent consensus reality. It depends upon the social consciousness in that area.

Another state has another consensus reality. In fact, as you travel from one city to another, or even in one city, you can practically determine where the consensus reality within that city changes. For instance, in traveling from Santa Monica to Beverly Hills, it is a different consensus reality. The consensus reality in Beverly Hills is colored by all of the tourists, and the shoppers. The consensus reality in Santa Monica is colored by all of the young people there, and the upcoming business people, and the housewives of these young fellows.

As you move into downtown Los Angeles, consensus reality then takes on the color of homeless peoples that are living on the streets, and then it takes on the color of the different communities. For instance, in Korea Town and then as you get downtown into the court system, it takes on a whole different consensus reality.

As one moves to Chicago then one notices a whole new, a little more abrupt connotation, and in New York City, a little more abrupt connotation with individuals with each other, even in their speech. How then, can one individual affect consensus reality?

It is through that individual's vibration and what he puts out, and the connection of other individuals of like-mind, that then vibrate at the same frequency—they color [reality] much like a dye that is placed on the water would color the water. As more and more people agree and vibrate at a similar frequency on a certain issue, this permeates more and more the consensus reality.

You have areas where a large group of people will pray for peace in a city, and during that particular prayer the city can be measured to have less crime. So each individual has a great impact, particularly if they have a higher intention. The reason for this is that the

higher forces then get behind that individual's intention, as it is a similar intention to their intention, for say peace and love. It magnifies the individual's intention by the higher force's ability to then see within the earth population a light; an actual lightness that they can then vibrate with. It brings them joy to see a fellow member of the higher creation within the earth sector, and you might consider them as they talk about Camelot, as a member of the ground crew.

The second question concerns duality, and on the verge of being opposite, that a negative experience can provide growth. At the heart of a negative experience, there normally is some positive intention or desire for a positive experience that went wrong and then ended up with a desire for justice; or sometimes negativity can be born out of boredom and a desire for action.

There are different causes for negative experiences. Sometimes the experience stems out of a trauma that went wrong and ended up in [more] trauma even though the individual's intention was for something positive to happen. They may have been triggered by something subconscious; something the individual didn't even realize consciously. When the individual eventually finds out the reason for the negative pattern and the pulling-in of negative experiences, they can experience great growth.

We note there are many complexities, and it boils down to an individual's personal track and ancient experiences, so it is hard to make generalizations in this area. But, in everyone's heart, they are a part of God, and a part of All That Is. When all the negativity, and all the other positions and stories are released and let go, they become themselves, truly themselves. Then, things get quiet. And it gets easier to meditate. And the individual can know love, and forgive self, for things he might have done, as it makes sense. So, we love each and every one of you, despite of the duality that one is going through. Know that when the "ball of yarn" is unknotted and straightened out, it all makes sense, and all can be forgiven.

Wynn: Okay, is there more?

Ra'An: Yes. You had another question.

Wynn: Okay. Here is a question about sex. *It's always good to have a question about sex because when I send it out in transcript, everybody will open it up! So the question is: what happens to our energy fields when we have sex with our partners. I am fully aware that I take on my partners energies for a couple of days afterwards, and I have to work to clear them out. If I bring true love into the love making with me, can I transmute any of these less appealing energies? Is there any way to still enjoy love making while still maintaining my own energy fields and not taking on another one's energy field?*

Ra'An: Yes, as an individual is a composite being. We speak slowly, so this can sink in. [This is possible] when one can isolate out the complexities that are not them—the body systems yearning for touch, yearning for fulfillment, for hormone release and the body systems taking on the image and the hologram of the partner. When one can separate out that his own body is also having a hormone change and a step up of energy and release, and the individual's own body is taking on the image and hologram of the partner. One can step into his own energy hologram, separated from that centered in his heart, and then can realize himself as the generator of his experience, and separate what has been propelled by

the body. They can then let go of the holograms with compassion and love and caring for the holograms and for the other individual.

[Also important is] acceptance for all, and acceptance of the powerful possessiveness of the partner, wherein the partner may be generating within one's hologram a "come-on-ness" sensation and may be putting something there in one's hologram that is not them, that lingers and has hooks on it, to bind them possessively to them. One can look lovingly at this and release the hooks, then one does not need to experience this "taking on of the other's hologram." One can dismiss it, as one recognizes that it is not their own. That is our answer.

Wynn: Thank you. Next question. ***When we are doing the "energy-braiding" with our Team Shift members, and even when we are on the call and we call in the light with you, do we stop our own individual aging process while we are all connected? Just curious. I have heard we can reverse the aging process. Is that true?***

Ra'An: It is true, that you can reverse the aging process. However, the aging process needs to begin with the body, and it has something to do with time, as one can change time and revert earlier—then the individual can stop aging, as one observes elements within his sphere that cause him to age.

One is the agreement with consensus reality that one must age, that when one gets to sixty-five, one may stop digesting his food, that one may then get weak, and may then act in accordance with this; but if they do not go into agreement with all of these things, then they may keep youth very much longer. For instance, an individual, as they get older, may give up the exercise or the walking, or things within the sphere that keeps them young. If you keep the body free of toxins, then that goes a long way towards preventing the aging process, so we recommend other things also in conjunction with good connection with the higher forces, the change-of-time to protect the body, and working with the body to keep it young. Do you have further questions on that?

Wynn: Thank you. ***When people come on our conference call line, repeatedly, and they can experience the group energy, is that participation contributing to the evolution of their DNA?***

Ra'An: Give us a moment. The answer is "yes". As you connect with the higher forces, you are opening yourself at the frequencies we are at. You need evolution of the DNA. As we access the DNA at these frequencies, to be in touch with you, we access all of your DNA strands, and resonate and vibrate with them. As such we trigger other strands of DNA to unfurl, and to begin to act as antennas to pick us up. Once it is unfurled and then activated, then it can pick up the star energies, and you can begin to experience energy directly from the Hunab Ku; you become less of a closed-system and can give and take energy with your greater star surroundings, and you can then receive energy.

It can start to make you ageless, because when you are in a closed-system you run down, because eventually you do not exchange energy with the higher sources. You get energy from your food and energy from the sunlight, but a major source of energy exchange is excluded. So, opening this up, can unfurl more strands of DNA, which then makes you even more open to exchange more energy, which livens the body and the body becomes more ageless.

Wynn: Okay, now, the last question. This is a question from Maya who lives in Hawaii. *She is having a hard time in Hawaii, and sometimes she thinks that maybe it's because she is in Hawaii. She has a special relationship with Hawaii, which gives her a hard time. She wants to know if she moved, would she carry the same patterns with her to a new location or is there another location that would be more in-tune in terms of vibration with her, that she wouldn't have to go through the kinds of difficulties that she is going through in Hawaii.*

Ra'An: Thank you. This is Ra'An. Dearest Maya, we suggest that you take a look at the different places that you have lived and compare any difficulties that you have had in those other places. You are from California—compare those experiences in those places and the patterns that you experienced and the difficulties in those places and review the reasons that you lost.

Get a comparison between the difficulties you are having in Hawaii, the difficulties you have in California and the difficulties you have in Europe, and make a comparison of those places. That being said, with any person it takes a while in the earth plane to ground oneself in a location where one is, and you get familiar with the energy in that location. So, we suggest that after you have done the first exercise to compare the energies where you are in Hawaii and what you've done in Hawaii with the energies where you were in California and in Europe, compare those different energies to get a sense of the effect of the location upon your feeling of how it is to be in those particular places.

That being said, concerning meeting people; people are a great part of your experience and it takes some time, sometime it takes a while to find individuals whom you can feel companionship with, and sometimes it takes some building of the relationship, and the seeing of what one has in common, and finding people that you have something in common with. This is a very important aspect of feeling at home—having individuals around you where you can express yourself freely, and you can trust these individuals. Sometimes it takes growing together with some individuals to see how one may eventually have a really close relationship, or one may grow apart in having different interests or different desires.

We give you these suggestions to start your process of determining where it is that you would like to be. Then the last thing is, in the things you are comparing, you compare little snippets of where you felt really good, and really at home, and just put them aside. Maybe, start up a little book and write which little experiences made you feel very good, and very at home, and put together a life-pattern that you would like to enhance. That is our answer.

Wynn: Okay. *Now, how about if she "lucked-out" and met a really great guy in one location, and that's what she remembers. How could she distinguish that individualized experience from the location?*

Ra'An: Once you are doing the experience of the location, then this may color the experience in the location, as one of these items may color the other. However, note what that experience lent to the location, and how outside of that experience, how the location was for you. Perhaps, the two of you, together in working and moving through that location.

Were there things within the location of interest that you really could identify with? Things

that made you feel fulfilled? There are some areas that have very much to do with availabilities of growth to the individual, like conferences or seminars. However, with the advent of the internet, much can be found on the radio internet and other areas on the internet. Many radio programs are broadcast over the various parts of the internet. But there are some areas, and we leave it up to your mind to provide examples, rather than us providing examples for you, that in your heart you know which were the most fulfilling. Also keep in mind, that in the future, there may be certain changes, making some of the areas not as available, or some of the cultural things, not as available, as in the past.

Wynn: This is because of earth changes or the shift?

Ra'An: That's correct.

Wynn: Ok. Well that's it for Maya's question. Thank you so much for being here. And, thank you Terry for being here, and thanks to everyone who is listening, for being here!